

CANOEING III PACKING LIST

PERSONAL EQUIPMENT:

life jacket
sleeping bag
pocket knife
sunscreen
sunglasses
plastic cup
large spoon
dish
small notebook & pencil
camera (optional)
one stuff sack
toothbrush / paste
insect repellent
*Duluth pack
plastic liner for Duluth packs
fishing rod & reel with 10 lb. line
small tackle box & 6 steel leaders
wooden matches
waterproof match case (Baggies)
Fishing License (if 16 years old)
toiletries
insulate pad
book?
small flashlight
sun glasses
bug net

SUGGESTED CLOTHING:

rain jacket
stocking hat
sun hat
poly long underwear top & bottom
warm layer
two t-shirts
swimsuit
three pair socks
pair pants
water shoes
camp shoes

ELC PROVIDES: Group Equipment:

*first aid kit
*map and compass
*two fillet knives
*two cleaning boards
*extra nylon rope

TEAM EQUIPMENT:

*canoe
*two paddles
*two men tent & four stakes
*ground cloth
*waterproof bag for sleeping bags

You will be stopping probably twice on the way up and twice on the way back, so you should bring either a bag lunch or money for fast food stops.

NO ELECTRONIC DEVICES: i.e. cell phones, CD players, radios, games, etc.