

Explore and Camping Skills

PACKING LIST

These are suggestions and can be modified for cold or warm conditions

SUGGESTED CLOTHING LIST

1. hiking boots
2. two pair hiking socks
3. wool or fleece sweater
4. one set long underwear top and bottom
5. one wool, pile, or polar fleece pants
6. light jacket (wool, pile, or polar fleece)
7. rain gear jacket and pants
11. 1 wool or fleece hat

Bring all the food you and your partner will need for 1 lunch, 1 dinner, and 1 breakfast.

PERSONAL EQUIPMENT

1. sleeping bag *
2. insolate pad *
3. backpack *
4. pocket knife
5. plastic cup
6. plastic bowl
7. spoon and fork
8. camera – optional
9. nylon food bag (small duffel)
10. toothbrush/paste
11. 1 1/2 gallons of water filled
12. toilet paper in a plastic bag
13. flashlight with new batteries
14. 2 -qt/ bottles filled

TEAM EQUIPMENT

1. one pot
2. wooden spoon
3. pot grips
4. matches
5. fry pan
6. spatula
7. tarp and ground cloth *

* E.L.C. can provide

NO WATCHES, EXTRA FOOD, or ELECTRONIC DEVICES: i.e. cell phones, CD players, radios, games, etc. **ALLOWED ON THE TRIP.**